

The Children's
Foundation



Annual Report

2010 - 2011

www.childrens-foundation.org

Report of Executive Director and Board Chair: 2010 - 2011

As we reflect on yet another eventful year passed for The Children's Foundation we are struck by the fact that our Board and staff are resilient in the face of change, creative in embracing possibilities and possessed of boundless energy in meeting the needs of our families and the communities in which serve.

It is hard to believe that in another year of scarce resources our wonderful staff has met the challenge of supporting our communities in ways that exemplify professionalism and deep caring. We are challenged by our Province's refocus on meeting the needs of families with an ever-shrinking resource pool. To that end we have renewed our commitment to delivering services that meet the needs of our children and families through adjusting programs to deliver what is needed rather than simply what is funded. We are proud that we have been re-accredited by CARF for another 3 years and that we maintain the highest standards of practice in all our services.

Thank you to all for your dedication and hard work! Faced with ongoing fund reductions our staff has rallied to renovate programs to meet ever-increasing needs in the face of short resources. This has been achieved through a re-dedication to creative and flexible planning and resourceful focus on wraparound provision of service. We have successfully applied ourselves to engaging the strength of our communities and partnerships found there.

We are also proud to be a founding partner of The Pacific Autism Family Centre, which will be built on part of this site. The formal announcement of this exciting new project took place on-site in early March, and was attended by representatives of both the Provincial and Municipal governments, as well as many other community leaders.

We are pleased to report that the promise of transformed human service in British Columbia remains, for all of us, a value to embrace while encouraging our families to take their rightful place in service planning and development. Collaboration remains our most promising ally as we strive to be better in service to our community.

The Board of Directors and management staff met for a weekend at the beginning of December for a very successful strategic planning session. Our vision, mission statement, values and goals were reviewed and revised to incorporate the changing social geography in which we work. We are pleased that our Society's imperative continues to be "Supporting, Encouraging, Building: Children, Families, Communities".

Thank you to the board members and management staff for your commitment of time and energy!

It goes without saying that our accomplishments are the direct result of a highly professional, hard working staff and managers. They are our heart and our strong hands in achieving our goals and upholding our mission. Thank you to all of you for your effort and caring.

Thanks go to our Board of Directors for the wisdom and leadership that governs our efforts. Without the countless volunteered time and energy provided by you, our efforts would falter.

Finally, we thank all our community partners that chose to collaborate rather than simply cooperate. Without you we serve alone. With you we exceed our capabilities in meeting the need to serve our community.



Elizabeth Demner
Chair of Board of Directors



Jim McLaughlin
Executive Director

Program Highlights and Achievements

Alderwood Family Development Centre & Key Worker Parent to Parent Support Program

Clinical Statistics and Outcomes:

- 52 Cases and approximately 100 children and adults served at Alderwood
- 45 Cases and approximately 80 children and adults served in Key Worker Program
- 76% male at Alderwood
- 50% female in Key Worker Program
- 40% of clients at Alderwood are of Aboriginal Heritage
- 78% of clients in Key Worker Program of Aboriginal Heritage
- Approximately 150 hrs of Parent Training provided in both programs with 446 attendances
- 250 hours of Children's Clinical Therapy at Alderwood
- 20 hours of Public Education provided by Key Worker Program with over 125 attendees
- Majority of children from single female parent family types at Alderwood
- Higher proportion of grandparent and adoptive family types in Key Worker Program
- Approximately 98% families have English as a first language in both programs
- Attention Deficit and Hyperactivity Disorder the most predominant condition characterizing children at Alderwood followed by Anxiety and Attachment Disorders and Fetal Alcohol Spectrum Disorders
- At Alderwood 80% of children improved their functioning, as measure by CAFAS (Child and Adolescent Functional Assessment Scale)
- At Alderwood 73% of children maintained their improvement in functioning 6 months after discharge

Community Partnerships/ Collaborations/ Clinical Practices and Other Completed Projects

- Continued partnership and collaborations with Vancouver Coastal Health, Ministry of Children and Families and the Vancouver School Board
- Continued implementation of Recommendations from Seclusion and Restraint Review
- Reduction of seclusions by 35% from previous year
- Increased program feedback survey return rate
- Over 500 hours provided of quality practicums to counseling and art therapy students
- Therapeutic Horse Back Riding Lessons provided by Southlands Riding Club
- Peer Mentoring Program with St. George's School

- Hot Lunch program provided in collaboration with The Woolridge Foundation
 - On going involvement with Vancouver FASD Roundtable
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Autism Services and Other Brain Related Disorders

Fleetwood House

We purchased a home in the Fleetwood Area of Surrey in April of 2010. This home will become a residence for 4 long term beds and 2 respite beds. We are in the process of getting licensing which will allow us to have up to 6 clients. At the moment we have 1 client that resides there 24/7 and 2 respite clients that alternate weekends.

The Fleetwood House Program incorporates a behavioural framework inclusive of ABA, Positive Behavioural Supports, and Experiential Teaching paradigms. A highly structured and evidence-based behavioural program has been adopted, due to the high level of behaviour management issues exhibited by the clients residing at Fleetwood House including self-injurious, aggressive, property damage, and interfering obsessive-compulsive habituated behaviours. The focus of the Program is a "strengths-based" instructional strategy that systematically addresses the development of pro social behaviours while concurrently reducing and eliminating the behaviour management concerns.

Cedarwood Family Program

- Cedarwood served eighty families from the Langley, Delta, Surrey and White Rock areas.
 - Cedarwood was involved in a research project to evaluate the Child Parent Relationship Therapy by Dr Gary Landreth which provides a series of ten workshops to encourage parents teach the importance of play for children and also to teach parents how to play with their children. The research is based on outcomes from pre and post assessments together with a six month follow up to see if the gains the parents made were still being maintained.
 - Cedarwood program underwent a number of staff changes through January to March period which was achieved without major disruption to services.
 - Cedarwood staff offered different group sessions to parents of the program, both in Langley and in Surrey. The groups were Stress Management; Collaborative Problem Solving; Raising and Emotionally Intelligent Child; Child Parent Relationship Therapy group and a Fatherhood group.
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Communities Caring for Children

The Children's Foundation's Communities Caring For Children program continues to have a strong voice and membership with the Surrey Early Childhood Mental Health Collaborative. Within this collaborative we continue to run three different parenting programs several times a year throughout the community of Surrey.

These programs are:

- Right From the Start 0 - 12 months old
- Coping with Toddler Behavior 1 - 3 years old
- Positive Parenting Program (Triple P) 3 - 6 year olds

Two hundred and seventeen families (217) were served this year and the feedback continues to be positive focusing on how the parents feel they have gained knowledge and most importantly improved their parenting skills, many stating that they believe they are 'better parents' and have improved relationships with their children.

As of September 2010 our program had to take over managing our own child minding component of the parenting programs (prior to this it was provided by other partners). Child minding is provided to minimize barriers for families who want to attend. We were successful in contracting with thirteen (13) very experienced and capable child minders many of them with their ECE certification. These child minders have proven to be highly dedicated to providing quality service to our agency and the clients we serve.

The city of Surrey and the Surrey School Board have continued to be committed in supporting our programs and provide the space needed.

Educational Bridging Centre

The Children's Foundation, MCFD and The Surrey School Board in collaboration have established and started an alternative educational classroom for children/youth.

The Educational Bridging Centre is now located at the SNFSS building, and serves children and youth who attend, or will be attending, schools in the Surrey School District 36.

Educational Bridging Centre is run as a Collaborative among The Children's Foundation, MCFD-Surrey, and Surrey School District #36. It exists to serve children who, for a variety of reasons, are unable to participate successfully in a regular or special educational programming in their school as well as encountering challenges in community and family

due to disruptive behaviour. While EBC accepts children from K-12, a priority is placed on supporting elementary-aged children.

Family Care Support Program & Out of Care Support Program

After suffering budget cuts one year ago, the FCSP was "re-created" in a leaner form, but one which still adhered to the original vision of the program. Contract discussions between FCSP and two different regions of MCFD are currently underway to further devise and revise the parameters of the program.

Caregiver Peer Support Groups were resumed early in 2011, with participants from both the FCSP and the OCSP. These groups are not limited to caregivers in either program and are now open to any caregivers wishing to attend. Similarly, the Caregiver Training Workshops which began in March are not restricted to caregivers in either program, and are only limited by room size. Training workshops have been given on the following topics: Teens and Addiction, Anger, and Trauma. Under the heading of self care, the upstairs of Surrey North Family Service Unit was transformed into a Spa. The "Let Us Pamper You Spa Day" included two massage therapists, Faye working as a therapeutic touch practitioner, Michael demonstrating "self massage/reflexology, Angelika and Nancy making smoothies in the Smoothie Bar, and Mandana closing the session with guided visualization/meditation. Feedback from all of the workshops has been very positive, with the number of participants increasing with each subsequent workshop. Both peer support groups and training workshops will resume in September, with the first workshop being on Self Harm.

Michael Kingscott is responsible for setting up a "partnership" and bursary arrangement with Long & McQuade. Drums have been provided to us at no cost for drum circles at the Social Program. There will be another drum circle this summer. One bursary per year will be awarded by Long & McQuade to a student for music lessons. With help from the differential fund, a guitar was purchased for a girl with musical ability, and Long & McQuade provided the lessons.

Caregivers in the Out of Care Support Program are often struggling with finances. The CF differential fund has helped several families over the past year. A grandmother caring for her two grandchildren was given money from the fund to buy beds for her granddaughters. Another boy was funded to go to camp for the first time.

This last achievement concerns the whole of the Surrey North Family Service Unit. When the Hub was first begun a Social Committee was formed (ideally with one person from each program) to pursue ways to bring people together. Four pot lucks or lunches are planned

for each year, and 2010 was deemed to be a fund raising for charity year. Each pot luck had a different theme, and by December, the Hub had raised over \$1,000. Five hundred dollars was given to Kiva Loans, an agency which provides micro loans to small entrepreneurs all over the world. The five hundred dollars was disbursed through 7 loans in December, and by April this had grown to \$850 - each time a loan is repaid, another loan is made. With agreement from the Hub, the remaining \$500 was given to a Children's Foundation employee who was experiencing multiple hardships including financial.

Kennedy House Assessment

Kennedy House continues to operate with some of the most experienced staff who have had many years of experience working with young children in residential programs.

We have been lucky enough to purchase new bedroom furniture for all our children's bedrooms through a very generous donation! As well we have had our kitchen fully renovated through B.C. Housing.

Kennedy house continues to provide service to some of the most difficult family situations. We have had the great fortune of hiring a new Supervisor, Amber Foster to the program. Amber comes to Kennedy House with many years of experience both as a supervisor as well and working with this age range of children.

Kennedy House has been able over the last year to work in a collaborative manner with both CYMH as well as the Surrey School Board providing excellent assessment services and planning for the children in the program.

The program over the last year has been improving in their use of assessment tools by looking at Evidence based outcome tools.

We feel very grateful for the dedication shown by all the staff at Kennedy house and are looking forward to providing this excellent wraparound service for years to come!

Surrey Family Preservation Program

During 2010 our dedicated team continued to provide services to families who face imminent risk of having their children placed outside of the home. Feedback continues to indicate a positive response from both client and stakeholders.

The Family Preservation Team works diligently to maintain cohesiveness as a team. Internal Cultural Presentations have presented over the year providing a better understanding of one another and the diverse community we provide services to. Team members strive to continually work on personal and professional training and development.

The Family Preservation Program continues to work collaboratively with MCFD, specifically in client intakes and discharges. Team members continue to participate in Integrated Case Management Meetings; Family Case Planning Conferences and Family Group Conferences.

Another enriching experience for the Family Preservation Team was to collaborate with the University of Victoria, School of Social Work, to have a third year practicum student join our team. A fresh perspective was appreciated.

The Children's Foundation Respite Program

The Children's Foundation continues to provide weekend respite services to families who are caring for children and youth with Autism and other significant developmental challenges. These families strive to do the best they can with what they have.

These families receive one weekend a month (48 hours) of respite (break) to recharge themselves and to give them an opportunity to focus on other family members and/or self care.

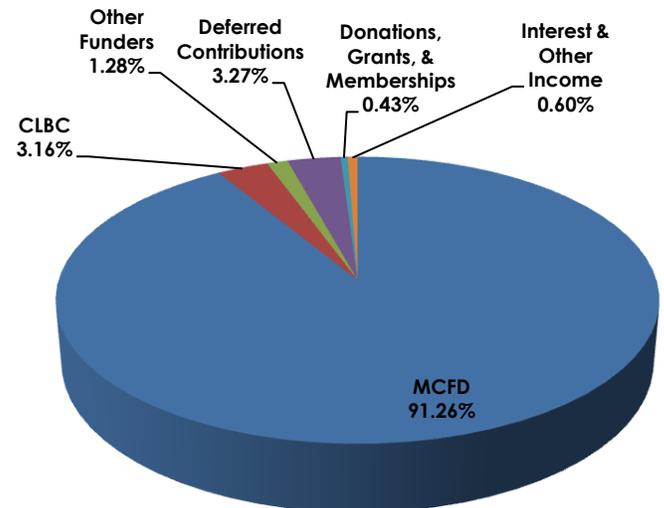
This year we have successfully matched several families with caring community members who are willing to share their home, skills and family to help these families in need of the break. In particular we have placed two autistic youth who's challenging needs are complicated with other physical and developmental issues. One of these youth is receiving weekly respite due to the extraordinary circumstances of the family.

As an enhancement to this program we have child care counselors who work with the most challenging of the children(up to 4 hours) on the weekend to provide support to our respite care givers or at times to the parents when the child has yet to be placed.

We continue to recruit Respite Care Givers from our community and we feel very fortunate to have such caring and committed caregivers who provide these services on behalf of The Children's Foundation.

Revenue Sources for The Year Ended March 31, 2011

	<u>March 31, 2011</u>
MCFD	\$ 6,100,008
CLBC	\$ 211,334
Other Funders	\$ 85,340
Deferred Contributions	\$ 218,240
Donations, Grants, & Memberships	\$ 28,940
Interest & Other Income	\$ 40,322
	<u>\$ 6,684,184</u>

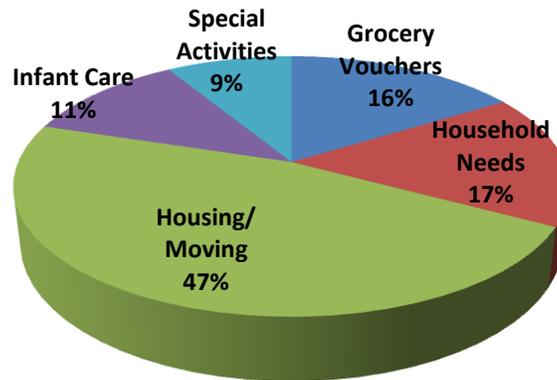


The Significance of Philanthropy

The Children's Foundation is privileged and grateful to be well-supported by donors and friends who continue to demonstrate, through their giving, a shared belief in the vital work of our agency. Private support makes an enormous difference in what TCF is able to undertake and achieve. Charitable donations enable us to enhance and expand our mental health programs and services beyond the fundamental, and in ways that allow us to better address the significant needs of those who rely on the treatment and supportive services we provide. Our mission is to help those affected by severe social, emotional and behavioural illnesses – it is a special privilege to do so in partnership with others.

Charitable donations to The Children's Foundation are generally applied in three ways. Unrestricted gifts to our *General Fund* ensure that the agency has the capacity to address various program and facility needs as they arise. Designated donations are used in accordance with the donor's wishes and applied to areas of the donors' choosing. Annual Campaign contributions are typically allocated to our *Differential Emergency Fund*, a resource that enables us to assist financially disadvantaged client families with urgent needs such as food, housing and childcare.

The following chart shows the distribution of Differential Funds during the past year.



This year, as in the past, TCF was the beneficiary of cash and in-kind donations from all sectors – from businesses, granting organizations, schools, community groups and caring individuals, many of whom are long-standing TCF supporters. The following examples of charitable giving activity portray the very meaningful and diverse support our agency enjoys.

- In November 2010, a generous contribution from the Iranian Canadian Benevolent Foundation provided for the purchase of brand new beds and bedroom furniture for Kennedy House.
- A large grant from an anonymous charitable foundation enabled TCF to establish a new program for children with Autism Spectrum Disorder. The *Fun & Functional Learning Centre* opened in December 2010.
- A donation from Southlands Riding Club together with matching support from the Kids Helping Kids Foundation provided essential funding for our Therapeutic Riding Program.
- Ongoing support from the Wolrige Foundation ensured the continuation of the Hot Lunch Program at Alderwood.

It is a pleasure to formally acknowledge all who donated to TCF in the past year. Your contributions played an instrumental role in bettering the lives of TCF client families – we deeply appreciate your generous and thoughtful support.

Friends of The Children's Foundation

The Children's Foundation thanks the following volunteers, honorary members and donors whose support enables our mission of "Supporting, Encouraging, Building: Children, Families, Communities".

Honorary Life Members

The individuals listed here are honorary life members of The Children's Foundation in recognition of their outstanding contributions.

Mr. John Bene
Mr. John J. Carson
Prof. Wolfgang Gerson
Mrs. Ormonde J. Hall
Dr. W.H. Hatfield
Mrs. Ernest Hill
Mrs. Edith Lando
Dr. Elda Lindenfeld
Mrs. H.R. MacCarthy

Ms. Ruby MacKay
Mrs. Alice Mann
Mr. William Mercer
Mr. & Mrs. Ross Mortimer
Mr. Richard Schuberg
Mrs. Harriet Snowball
Mr. David Tupper
Madame Vanier, elected Patroness

Board of Directors

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Elizabeth Demner (Chair)
Rupi Dhaliwal
David Eppert

Blair Harvey
Suzanne Lewis
Raymond Mah
Earl Phillips (Secretary)
Jan Radford
Avtar Sundher

2009-2010 Donors

Our sincere appreciation is extended to the following donors whose financial support during the past year helped us make a difference in the lives of the children, youth and families we work with.

Individuals

Barbara Arnold
Frank Arnold
John Ashbridge
Joan Baker
Rita Baldwin

Rosario Kuhrt
Drew & Anne Lawton
Susan Lee
Art & Louise Leowski
Shane Lunoch

Tam Basaraba
Ernest Bone
John & Verley Bromley
Elizabeth Bruschet
Dennis Clive & Lana Cho
Gwen Chong
John Christie
Sergio Cocchia & Wendy Lisogar Cocchia
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Rick & Margaret Swadden
Aditi Tawatia
David & Sandra Trueman
David & Susan Wilkinson
John & Susan Willson
Hilda Wynne
Mark Zimmerman

Schools & Community Groups

Prince of Wales Mini School
Provincial Employees Community Service
Fund
Southlands Riding Club

St. George's School
Vancouver Garden Club

Foundations

Andrew Mahon Foundation
BMO Employee Charitable Foundation
Connor, Clark & Lunn Foundation
Iranian Canadian Benevolent Foundation
Kids Helping Kids Foundation

Mahon Rowland Foundation
McCarthy Tétrault Foundation
Vancouver Foundation - The Elda Lindenfeld Fund
Wolrige Foundation

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KPMG
Liquor Distribution & Retail Union

Phoenix Perennials & Specialty Plants
Portfolio Conference Planning & Event Management
Tala Florist
Telus Corporation

The Children's Foundation also extends sincere appreciation to those donors who wish to remain anonymous.